

# **Breathing Exercises**

## **Breathing Exercise #1 - Stretch**

Inhale 8-Exhale 8; Inhale 10-Exhale 10;  
Inhale 12-Exhale 12; Inhale 10-Exhale 10;  
Inhale 8-Exhale 8

## **Breathing Exercise #2 - Slow to Fast**

Inhale 8-Exhale 8; Inhale 7-Exhale 7; Inhale 6-Exhale 6;  
Inhale 5-Exhale 5; . . . . . Inhale 1-Exhale 1

## **Breathing Exercise #3 - Capacity**

Inhale 8, hold 10 seconds and “sip” small breaths,  
Exhale 1 count, “Hiss” 10 second,  
Inhale 1 count, Exhale 1 count, Relax

## **Breathing Exercise - 9-count tones air & valves**

Inhale 4-Exhale 8 (repeat 10 more times)  
Blow air through horn, with valves/fingerings for 9-count tone studies

## **Breathing Exercise - 8-count tones air & valves**

Inhale 1-Exhale 7 (repeat 10 more times)  
Blow air through horn, with valves/fingerings for 8-count tone studies

Baritone (B.C.)

### 9 Count Tones on F

Musical notation for 9 Count Tones on F, Baritone (B.C.). The piece is in 4/4 time and consists of three staves of music. The first staff contains measures 1 through 12. The second staff, starting at measure 13, continues the sequence. The third staff, starting at measure 25, concludes the piece. The notes are: F2 (half), G2 (half), A2 (half), Bb2 (half), C3 (half), D3 (half), E3 (half), F3 (half), G3 (half), A3 (half), Bb3 (half), C4 (half).

Baritone (B.C.)

### 8 Count Tones on Bb

Musical notation for 8 Count Tones on Bb, Baritone (B.C.). The piece is in 4/4 time and consists of two staves of music. The first staff contains measures 1 through 12. The second staff, starting at measure 13, concludes the piece. The notes are: Bb2 (half), C3 (half), D3 (half), Eb3 (half), F3 (half), G3 (half), Ab3 (half), Bb3 (half).

Baritone (B.C.)

# Air Flow

## Exercise 1

Musical notation for Exercise 1, Baritone (B.C.). The exercise consists of three lines of music in bass clef with a key signature of one flat (Bb).  
Line 1: Starts in 4/4 time. Measure 1 is a whole rest. Measures 2-3 contain a half note G2, followed by a whole note G2. Measure 4 is a whole rest. Measures 5-6 contain a half note G2, followed by a whole note G2. The line ends in 3/4 time.  
Line 2: Starts in 3/4 time. Measure 1 is a whole rest. Measure 2 contains a half note G2. Measure 3 is a whole rest. Measure 4 contains a half note G2. Measure 5 is a whole rest. Measure 6 contains a half note G2. The line ends in 2/4 time.  
Line 3: Starts in 2/4 time. Measure 1 is a whole rest. Measure 2 contains a half note G2. Measure 3 is a whole rest. Measure 4 contains a half note G2. Measure 5 is a whole rest. Measure 6 contains a half note G2. Measure 7 is a whole rest. Measure 8 contains a half note G2. Measure 9 is a whole rest. Measure 10 contains a half note G2. The line ends in 4/4 time.

Baritone (B.C.)

# Air Flow

## Exercise 3

Musical notation for Exercise 3, Baritone (B.C.). The exercise consists of two lines of music in bass clef with a key signature of one flat (Bb).  
Line 1: Starts in 4/4 time. Measure 1 contains a half note G2 with a breath mark above it. Measure 2 contains a quarter note G2. Measure 3 is a whole rest. Measure 4 contains a half note G2. Measure 5 is a whole rest. Measure 6 contains a half note G2. Measure 7 is a whole rest. Measure 8 contains a half note G2. Measure 9 is a whole rest. Measure 10 contains a half note G2. The line ends in 4/4 time.  
Line 2: Starts in 4/4 time. Measure 1 contains a half note G2. Measure 2 contains a half note G2. Measure 3 is a whole rest. Measure 4 contains a half note G2. Measure 5 is a whole rest. Measure 6 contains a half note G2. Measure 7 is a whole rest. Measure 8 contains a half note G2. Measure 9 is a whole rest. Measure 10 contains a half note G2. The line ends in 4/4 time.

Baritone (B.C.)

### Flexibility Exercise #1

Musical notation for Flexibility Exercise #1, Baritone (B.C.). The exercise is in 4/4 time and B-flat major. It consists of two staves of music. The first staff contains measures 1 through 10, with fingerings 0, 2, 1, 12, and 1 indicated above the notes. The second staff contains measures 11 through 16, with fingerings 2 and 0 indicated above the notes.

Baritone (B.C.)

### Flexibility Exercise #2

Musical notation for Flexibility Exercise #2, Baritone (B.C.). The exercise is in 4/4 time and B-flat major. It consists of four staves of music. The first staff contains measures 1 through 5, with fingerings 0, 2, and 1 indicated above the notes. The second staff contains measures 6 through 11, with fingerings 6, 12, and 1 indicated above the notes. The third staff contains measures 12 through 14, with fingerings 2 and 0 indicated above the notes. The fourth staff contains measures 15 through 18, with a fingering of 15 indicated above the notes.

Baritone (B.C.)

### Flexibility Exercise #3

The musical score for Flexibility Exercise #3 is written in bass clef, 4/4 time, and B-flat major. It consists of four staves of music. The first three staves contain eighth-note patterns with fingerings 0, 2, and 1 indicated above the notes. The fourth staff contains a sequence of half notes with fingerings 6, 12, and 1 indicated above the notes. The exercise concludes with a double bar line.

Baritone (B.C.)

### Flexibility Exercise #4

The musical score for Flexibility Exercise #4 is written for Baritone (B.C.) in 4/4 time with a key signature of two flats (B-flat and E-flat). The exercise consists of five staves of music. The first four staves (measures 1-12) feature eighth-note runs with slurs, alternating between ascending and descending patterns. The fifth staff (measures 13-15) features a long slur over a sequence of eighth notes, followed by a final staff (measures 16-18) consisting of quarter notes with slurs.

Baritone (B.C.)

# 2021 Tuning Sequence

a la Carolina Crown

*Martini*

♩ = 80

1 *mp* 2 3 4 5 6 7 8

9 10 11 12 13 14 15 16 *mp*

♩ = 160

18 *mf* 20 *f* 22 *ff* 24 25 26

27 28 29 30 *fff* 31

Baritone

### Scale Exercise No. 1

Baritone

### Scale Exercise #2



Baritone (B.C.)

### Articulation Exercise #1

5

9

repeat 1/2 step lower each time

Baritone (B.C.)

### Articulation Exercise #2

5

9

repeat 1/2 step lower each time

Baritone (B.C.)

### Volume and Balance

A

play 4 times

*p-mf-f-fff*

B