

## **Breathing Exercises**

### **Breathing Exercise #1 - Stretch**

Inhale 8-Exhale 8; Inhale 10-Exhale 10;  
 Inhale 12-Exhale 12; Inhale 10-Exhale 10;  
 Inhale 8-Exhale 8

### **Breathing Exercise #2 - Slow to Fast**

Inhale 8-Exhale 8; Inhale 7-Exhale 7; Inhale 6-Exhale 6;  
 Inhale 5-Exhale 5; . . . . . Inhale 1-Exhale 1

### **Breathing Exercise #3 - Capacity**

Inhale 8, hold 10 seconds and “sip” small breaths,  
 Exhale 1 count, “Hiss” 10 second,  
 Inhale 1 count, Exhale 1 count, Relax

### **Breathing Exercise - 9-count tones air & valves**

Inhale 4-Exhale 8 (repeat 10 more times)  
 Blow air through horn, with valves/fingerings for 9-count tone studies

### **Breathing Exercise - 8-count tones air & valves**

Inhale 1-Exhale 7 (repeat 10 more times)  
 Blow air through horn, with valves/fingerings for 8-count tone studies



Trumpet in B $\flat$

# Air Flow

## Exercise 1

breath 1-2-3-4

breath 1-2-3-4

7 breath 1-2-3

breath 1-2-3

13 breath 1-2

breath 1-2

breath 5

Trumpet in B $\flat$

# Air Flow

## Exercise 2

breath 2 full beats

8

Trumpet in B $\flat$

### Flexibility Exercise #1

Musical notation for Flexibility Exercise #1, Trumpet in B $\flat$ . The exercise is in 4/4 time and consists of two staves. The first staff contains five measures of music with fingerings 0, 2, 1, 12, and 1. The second staff contains five measures of music with fingerings 2 and 0, and includes a double bar line at the end.

Trumpet in B $\flat$

### Flexibility Exercise #2

Musical notation for Flexibility Exercise #2, Trumpet in B $\flat$ . The exercise is in 4/4 time and consists of four staves. The first three staves contain eighth-note patterns with fingerings 0, 2, 1, 6, 12, 1, 11, 2, 0. The fourth staff contains four measures of music with fingerings 8, 8, 8, 8 and includes a double bar line at the end.

Trumpet in B $\flat$

### Flexibility Exercise #3

The musical score for Flexibility Exercise #3 is written in 4/4 time and consists of four staves of music. The first three staves contain melodic lines with slurs and fingerings (0, 2, 1, 6, 12, 1) indicated above the notes. The fourth staff contains a series of chords, each with a slur and a finger number (15) above it. The exercise concludes with a double bar line.

Trumpet in B $\flat$

### Flexibility Exercise #4

The musical score for Flexibility Exercise #4 is written for Trumpet in B $\flat$  in 4/4 time. It consists of five staves of music. The first four staves contain melodic lines with slurs and accents, featuring various intervals and accidentals. The fifth staff contains a series of chords, each with a slur and an accent, providing harmonic support for the exercise.

Trumpet in B $\flat$  1

# 2021 Tuning Sequence

a la Carolina Crown

Martini

$\text{♩} = 80$

1 2 3 4 5 6 7 8

9 10 11 12 13 14 15 16 *mp*

$\text{♩} = 160$

18 *mf* 20 *f* 22 *ff* 24 25 26

27 28 29 30 *fff*

Trumpet in B $\flat$  2

# 2021 Tuning Sequence

a la Carolina Crown

Martini

$\text{♩} = 80$

1 2 3 4 5 6 7 8

9 10 11 12 13 14 15 16 *mp*

$\text{♩} = 160$

18 *mf* 20 *f* 22 *ff* 24 25 26

27 28 29 30 *fff*

Trumpet in B $\flat$  1

### Scale Exercise No. 1

1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31 32 33 34 35

Trumpet in B $\flat$  2-3

### Scale Exercise No. 1

1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31 32 33 34 35



### Scale Exercise #2

Trumpet

The musical score for Trumpet Scale Exercise #2 consists of six staves of music in 2/4 time, starting in the key of D major. The exercise is divided into two main sections: measures 1-27 and measures 28-54. The first section (measures 1-27) begins with a half rest on the first beat of each measure, followed by a quarter note on the second beat. The notes ascend stepwise from D4 to D5. Measures 5, 12, 19, and 26 are marked with accents (^) above the notes. The section concludes with a fermata on the final note (D5) and a dynamic marking of *fp* (fortissimo piano). The second section (measures 28-54) begins with a half rest on the first beat of each measure, followed by a quarter note on the second beat. The notes descend stepwise from D5 to D4. Measures 30, 37, and 44 are marked with accents (^) above the notes. The section concludes with a fermata on the final note (D4) and a dynamic marking of *fp* (fortissimo piano). The key signature changes to D minor at the end of the exercise.

