

# **Breathing Exercises**

## **Breathing Exercise #1 - Stretch**

Inhale 8-Exhale 8; Inhale 10-Exhale 10;  
 Inhale 12-Exhale 12; Inhale 10-Exhale 10;  
 Inhale 8-Exhale 8

## **Breathing Exercise #2 - Slow to Fast**

Inhale 8-Exhale 8; Inhale 7-Exhale 7; Inhale 6-Exhale 6;  
 Inhale 5-Exhale 5; . . . . . Inhale 1-Exhale 1

## **Breathing Exercise #3 - Capacity**

Inhale 8, hold 10 seconds and “sip” small breaths,  
 Exhale 1 count, “Hiss” 10 second,  
 Inhale 1 count, Exhale 1 count, Relax

## **Breathing Exercise - 9-count tones air & valves**

Inhale 4-Exhale 8 (repeat 10 more times)  
 Blow air through horn, with valves/fingerings for 9-count tone studies

## **Breathing Exercise - 8-count tones air & valves**

Inhale 1-Exhale 7 (repeat 10 more times)  
 Blow air through horn, with valves/fingerings for 8-count tone studies

Clarinet in B $\flat$

### 9 Count Tones on F

Musical notation for 9 Count Tones on F, Clarinet in B $\flat$ . The piece is in 4/4 time and consists of three staves of music. The first staff contains measures 1-12, the second staff contains measures 13-24, and the third staff contains measures 25-36. The melody is written in treble clef and features a sequence of nine tones: F4, G4, A4, B4, C5, B4, A4, G4, and F4. Each tone is held for one measure, with rests in the other three measures of each measure. The key signature changes from one sharp (F#) to two sharps (F# and C#) at measure 13, and then to one sharp (F#) at measure 25.

Clarinet in B $\flat$

### 8 Count Tones on B $\flat$

Musical notation for 8 Count Tones on B $\flat$ , Clarinet in B $\flat$ . The piece is in 4/4 time and consists of two staves of music. The first staff contains measures 1-12, and the second staff contains measures 13-24. The melody is written in treble clef and features a sequence of eight tones: B $\flat$ 3, A3, G3, F3, E3, D3, C3, and B $\flat$ 2. Each tone is held for one measure, with rests in the other three measures of each measure. The key signature is one flat (B $\flat$ ) throughout.

Clarinet in B $\flat$

# Air Flow

## Exercise 1

breath 1-2-3-4

breath 1-2-3-4

7 breath 1-2-3

breath 1-2-3

13 breath 1-2

breath 1-2

breath 5

Clarinet in B $\flat$

# Air Flow

## Exercise 2

breath 2 full beats

Clarinet in B $\flat$

### Flexibility Exercise #1

Musical notation for Flexibility Exercise #1, Clarinet in B $\flat$ . The exercise is in 4/4 time and consists of two staves. The first staff contains four measures of music, each starting with a whole note chord followed by a quarter rest. The chords are: C4-E4-G4 (C major), C#4-E4-G4 (C# major), B3-D4-F4 (B major), and Bb3-Db4-F4 (Bb major). The second staff contains eight measures of music, each starting with a whole note chord followed by a quarter rest. The chords are: Bb3-Db4-F4 (Bb major), B3-D4-F4 (B major), C4-E4-G4 (C major), C#4-E4-G4 (C# major), Bb3-Db4-F4 (Bb major), B3-D4-F4 (B major), C4-E4-G4 (C major), and C#4-E4-G4 (C# major).

Clarinet in B $\flat$

### Flexibility Exercise #2

Musical notation for Flexibility Exercise #2, Clarinet in B $\flat$ . The exercise is in 4/4 time and consists of four staves. The first staff contains measures 1-5, with chord labels C, B, and B $\flat$  above the staff. The second staff contains measures 6-10, with chord labels B and B $\flat$  below the staff. The third staff contains measures 11-14, with chord labels C and C above the staff. The fourth staff contains measures 15-18, with chord labels B, B $\flat$ , C, and C above the staff. The exercise features complex rhythmic patterns and chromatic movement.

Clarinet in B $\flat$

### Flexibility Exercise #3

The musical score for Flexibility Exercise #3 is written for Clarinet in B $\flat$  in 4/4 time. It consists of six staves of music. The first five staves (measures 1-14) feature a complex rhythmic pattern of eighth and sixteenth notes, with many notes beamed together in groups of three, indicated by a '3' above the notes. These groups are often slurred together. The key signature has two flats (B $\flat$  and E $\flat$ ). The sixth staff (measures 15-18) is marked with a '15' and a '3' above the first measure, and it features a different rhythmic pattern with dotted eighth notes and sixteenth notes, also with some beaming and slurs. The piece concludes with a double bar line at the end of the sixth staff.

Clarinet in B $\flat$

# Flexibility Exercise #4

The musical score for Flexibility Exercise #4 is written for Clarinet in B $\flat$  in 4/4 time. It consists of eight staves of music. The first seven staves are grouped by a large slur, indicating a continuous exercise. Each staff begins with a measure number (1, 3, 5, 7, 9, 11, 13) and contains a sequence of notes and rests. The notes are primarily eighth and sixteenth notes, often beamed together. The exercise involves a chromatic scale in the first half of each staff and a series of chords in the second half. The eighth staff, starting at measure 15, features a different rhythmic pattern with dotted half notes and rests, also beamed together.

Clarinet in B $\flat$

# 2021 Tuning Sequence

a la Carolina Crown

*Martini*

$\text{♩} = 80$

*mp* 2 3 4 5 6 7 8

9 10 11 12 13 14 15 16 17 *mp*

$\text{♩} = 160$

18 *mf* 20 *f* 22 23 *ff* 25 26

27 28 29 30 31 *fff*

Clarinet in B $\flat$  1

### Scale Exercise No. 1

### Scale Exercise #2

Clarinet



Clarinet in B $\flat$

### Articulation Exercise #1

repeat 1/2 step lower each time

Clarinet in B $\flat$

### Articulation Exercise #2

repeat 1/2 step lower each time

Clarinet in B $\flat$

### Volume and Balance

**A** play 4 times

*p-mf-f-fff*

**B**